

OUR EATS

EGGS BENNY 8.5 ^D

2 soft poached eggs with deli ham on sourdough bread, covered with our homemade hollandaise sauce. classic.
also available with smoked salmon +2.5

SMASHED AVOCADO 7.5 ^V

lime, romesco spread, rocket & togarashi on sourdough bread.
add a sneaky poached egg +1.5, bacon +2.5, feta +1.0

FRENCH TOAST 8.5 ^{D, N}

spiced brioche, espresso mascarpone, mixed berry compote, biscotti crunch, maple syrup & fresh fruit. boom.

THE VEGAN 6.5 ^{V, N}

daal lentils, mango chutney, spinach & cashew mint sauce in a toasted wrap

TINMAN PLATE 12.5

2 eggs, bacon, avocado, baked mushrooms, roasted tomatoes and chutney on toasted sourdough bread

ADD YOUR EXTRAS...

POACHED EGG +1.5

BACON +2.5

AVOCADO +2.0

HUMMUS +1.5

BAKED MUSHROOMS +1.5

ROASTED TOMATOES +1.5

FETA +1.0



kitchen is open until 3pm – we do our best to not keep you waiting during busy days. please order at the counter.

OUR SANDWICHES

our sandwiches and toasts are prepared with sourdough bread from albatross bakery. all organic, all goooooood.

TINMAN CLASSIC 6.5 ^D

deli ham, cheddar, pickles, carrots & greens

SMOKED SALMON 6.5 ^D

smoked salmon, capers, red onion, cream cheese & horseradish

BAMBINO 6.5 ^D

house blended pesto, buffalo mozzarella, tomato & rucola

GRILLED CHEESE 6.5 ^D

cheddar, emmentaler & mountain cheese, red onion & branston pickles

REUBEN 7.0 ^D

pastrami, cheddar, sauerkraut, pickles, red onion & mustard mayo

OUR BOWLS

HALLOUMI 8.0 ^D

pearl barley, halloumi, roasted cherry tomatoes, edamame beans & cilantro mint sauce

HOUSE GRANOLA 7.5 ^D

roasted nut, seed, coconut and maple mix served with fresh fruit & yoghurt

AÇAÍ 7.9 ^{V, N}

served with fresh fruits, coconut, goji berries, roasted seed & nut mix

vegan: V, gluten free: GF, dairy: D, nuts: N

for further information on allergens and additives, please ask the service staff.



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